

**Transforming Communities Initiative (TCI)** launched in March of 2016 and focuses on populations living in low-income communities. TCI is an innovative funding model in eight communities to reduce tobacco use and childhood obesity, as well as address social determinants of health. Each community receives grant dollars from Trinity Health, match dollars from community partners to support community based efforts and access to up to \$40M in loans to support capital investments.

**Results and outcomes for Year 1**  
(Year 1: March 2016-June 30, 2017)

- Increased motivation, cohesiveness and accountability
- New focus on policy change rather than programs at partner sites
- Increased collaboration with schools to improve food and beverage choices and increasing physical activity.
- Creation of economic opportunity through food system development through partnerships with local communities;
- Creation of safe places for children to play, enhancing local neighborhoods; and
- Continued community efforts to reduce tobacco use.

Six evidence based strategies to accelerate community health improvement



Tobacco 21 policy, which raises the minimum age to buy tobacco to 21 years



Public school wellness policies addressing nutrition and physical activity



Nutrition standards in early childhood settings, such as Head Start programs and daycare centers



Breastfeeding policies, including support of workplace efforts

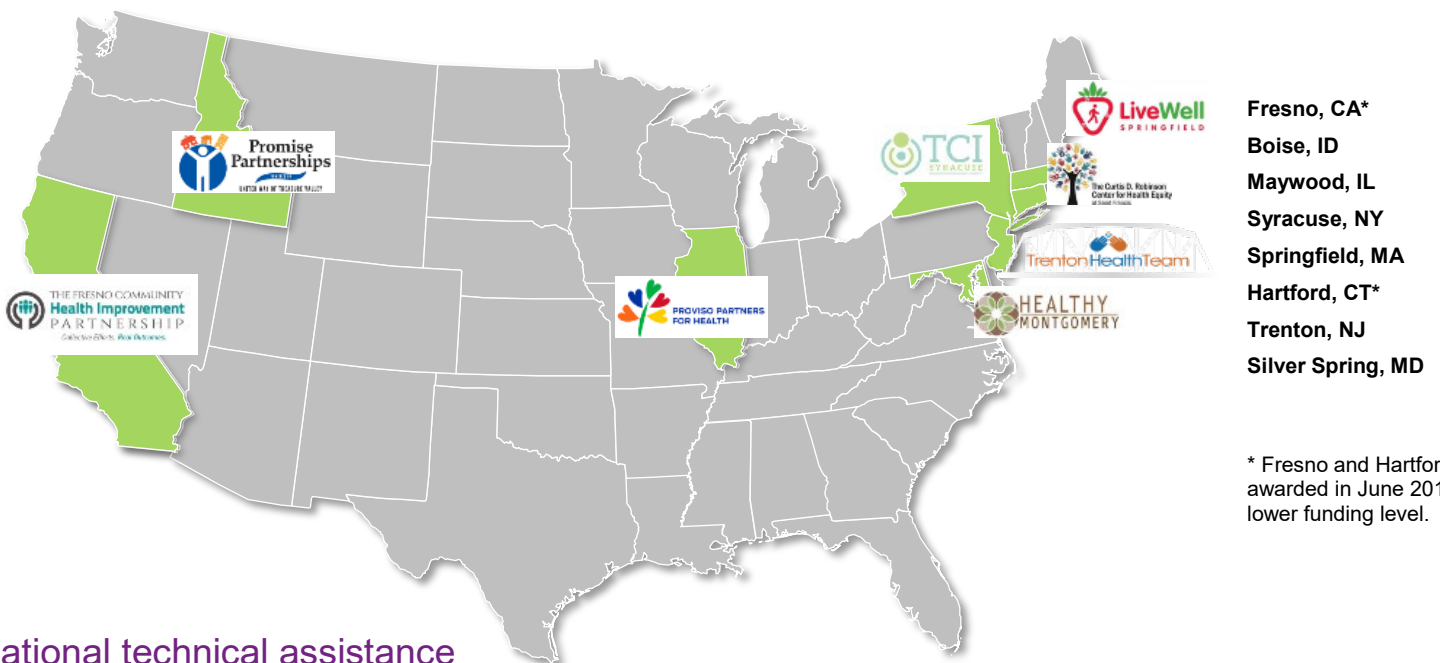


Complete Streets plans that improve roads and infrastructure to promote safe use by pedestrians and cyclists



Community food access

Eight communities are using policy, system and environmental change strategies to improve health as part of TCI



\* Fresno and Hartford were awarded in June 2016 at a lower funding level.

National technical assistance



## TCI strategies overview - 2017

✓ = active ... = planning

| Strategies Year 1                                                    | FCHIP | Healthy Montgomery | Live Well Springfield | Promise Partnership | Proviso Partners for Health | TCI Syracuse | Trenton Health Team | Well Being 360 |
|----------------------------------------------------------------------|-------|--------------------|-----------------------|---------------------|-----------------------------|--------------|---------------------|----------------|
| Breastfeeding                                                        |       |                    | ...                   | ✓                   |                             | ✓            | ✓                   | ...            |
| Built Environment:<br>Complete Streets, Safe Routes to School, Parks | ✓     |                    | ✓                     | ✓                   | ✓                           | ✓            | ✓                   | ✓              |
| Coalition and Partnership Building                                   | ✓     | ✓                  | ✓                     | ✓                   | ✓                           | ✓            | ✓                   | ✓              |
| Community Engagement                                                 | ...   | ...                | ✓                     | ✓                   | ✓                           | ...          | ...                 | ✓              |
| Community Food Access                                                | ✓     | ✓                  | ✓                     |                     | ✓                           | ✓            |                     | ✓              |
| Early Childhood Education:<br>Nutrition & Physical Activity          |       | ...                | ✓                     | ...                 |                             | ✓            | ✓                   | ✓              |
| School Wellness:<br>Nutrition & Physical Activity                    |       | ✓                  | ✓                     | ✓                   | ✓                           | ✓            | ...                 |                |
| Tobacco 21 & Other Tobacco PSE                                       | ✓*    | ...                | ✓*                    | ✓                   | ✓*                          | ✓*           | ✓*                  |                |
| Other Community Initiative(s)                                        | ✓     | ✓                  |                       | ✓                   |                             | ✓            | ✓                   | ✓              |

\*Tobacco 21 passed. \*Legislation passed in California prior to the launch of TCI.

### Tobacco 21 policy efforts

- Six sites focused on Tobacco 21 policy advocacy and implementation
- Sites navigating local, county, and state jurisdictions
- Tobacco 21 policies passed in four TCI communities
  - Maywood, Ill. and statewide in Illinois
  - Springfield, Mass.
  - Onondaga County, N.Y.
  - Trenton, NJ and statewide in New Jersey

WITHIN  
TRINITY HEALTH'S  
SYSTEM  
**4 STATES**  
AND  
**12**  
**JURISDICTIONS**  
HAVE PASSED  
T21 LAWS

TOBACCO POLICIES AT  
LOCAL, COUNTY AND  
STATE LEVEL  
COULD IMPACT MORE  
THAN  
**280,000**  
YOUTH THROUGH TCI  
EFFORTS

CHILDHOOD OBESITY  
EFFORTS COULD IMPACT  
MORE THAN  
**162,000**  
YOUTH IN THESE EIGHT  
COMMUNITIES

### Childhood obesity prevention and reduction efforts

- Community assessment and action planning focused on improving public school policy and environment
- Nutrition and physical activity policy and practice assessments.
- Engagement of local school and district staff at multiple sites
- Focus on cross-site coordinated work to promote school wellness in 2018
- Built environment improvements following baseline assessments in partnership with community members
- Introduction of resources to increase physical activity, including bike shares and bike racks
- Development of policy and environmental changes in early childcare settings as well as community food access

#### Contact Information:

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